

Research and Applications

Utilizing timestamps of longitudinal electronic health record data to classify clinical deterioration events

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ABSTRACT

Objective: To propose an algorithm that utilizes only timestamps of longitudinal electronic health record data to classify clinical deterioration events.

Materials and methods: This retrospective study explores the efficacy of machine learning algorithms in classifying clinical deterioration events among patients in intensive care units using sequences of timestamps of vital sign measurements, flowsheets comments, order entries, and nursing notes. We design a data pipeline to partition events into discrete, regular time bins that we refer to as timesteps. Logistic regressions, random forest classifiers, and recurrent neural networks are trained on datasets of different length of timesteps, respectively, against a composite outcome of death, cardiac arrest, and Rapid Response Team calls. Then these models are validated on a holdout dataset.

Results: A total of 6720 intensive care unit encounters meet the criteria and the final dataset includes 830 578 timestamps. The gated recurrent unit model utilizes timestamps of vital signs, order entries, flowsheet comments, and nursing notes to achieve the best performance on the time-to-outcome dataset, with an area under the precision-recall curve of 0.101 (0.06, 0.137), a sensitivity of 0.443, and a positive predictive value of 0. 092 at the threshold of 0.6.

Discussion and Conclusion: This study demonstrates that our recurrent neural network models using only timestamps of longitudinal electronic health record data that reflect healthcare processes achieve well-performing discriminative power.

Key words: electronic health records, predictive modeling, clinical informatics, early warning scores, machine learning

INTRODUCTION

Delayed recognition and failure to provide timely intervention to patients developing clinical deterioration events result in suboptimal prognoses.[1,2](#page-7-0) Patients often develop physiological instability hours before clinical deterioration, $3-5$ and thus many are potentially avoidable[.6](#page-7-0) Early warning score systems have been developed to assist clinicians in recognizing early signs of physiological deterioration, allowing them to provide timely intervention.[7](#page-7-0) Early warning scores

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(EWS) typically take physiological measurements to calculate risk scores of clinical deteriorations. $8-12$ Different levels of action are recommended to corresponding healthcare professionals if a patient exceeds certain thresholds.¹³ These actions typically include increasing monitoring and examinations, initiating treatments, and eventually activating the Rapid Response Team to elevate patient care. A Rapid Response Team (RRT) is a group of clinicians that respond to patients with early signs of deterioration to prevent respiratory and cardiac arrest in the hospital. $14,15$ The implementations of EWS and RRT are associated with decreased mortality and in-hospital cardiac arrest.¹⁶⁻¹⁹ In recent reviews of EWS, most data-driven EWS use structured data (eg, vital signs, lab data, demography) from electronic health records (EHR) , $20,21$ but a few include clinical concern where clinicians answer structured questions if he/she is subjectively concerned about the patient. $22,23$ In clinical practice, experienced clinicians recognize patterns of patient deterioration based on expert knowledge and clinical assessment skills and from "knowing the patient" rather than solely on objective physiological measurements[.24–26](#page-7-0) These subjective expert judgements, often made before any physiological derangement is detected by machines, are captured in EHR data.^{25,27-29}

It is widely known that the EHR is not a direct reflection of patient's pathophysiology but rather a record of the healthcare process with noise.^{30,31} Time is an important component that represents the dynamic and positive feedback loop of healthcare processes. $30,31$ Additional measurements and clinical records are often made when clinicians are concerned about their patients' conditions.^{[25,27](#page-7-0)} For example, a series of vital sign measures in early morning implies a different healthcare process than a set of those recorded as a routine measurement at scheduled times. Therefore, features reflecting the healthcare process (eg, time and co-occurrence of measurements, order placement, prescriptions, notes) can likewise be utilized for model building. In the National Institute for Nursing Researchfunded Communicating Narrative Concerns Entered by RNs (CON-CERN) study, our team demonstrates that the inclusion of documentation and measurement frequency in an EWS triggered an alert 5–26 hours earlier than the first Modified Early Warning Score (MEWS) alert.^{[32](#page-7-0)} In our more recent work, the CONCERNv2.0 model,, including additional nursing note features and temporal features, further increases the "lead time" to 42 hours compared to MEWS and National Early Warning Score.^{[33](#page-7-0)} Most EWSs rely solely on physiological measurements, but we believe the use of features that represent clinicians' concerns could augment early detection.

We propose an algorithm that utilizes only timestamps of longitudinal EHR data (eg, time and co-occurrence of vital sign measurements, flowsheet comments, order entries, and nursing notes) to classify clinical deterioration events. These time-series data reflect nurses' decision-making related to patient surveillance.^{25,28} We emphasize that our data for analysis do not include any measurement values (eg, heart rate $= 90$ mHg). This study aims to 1) validate the proposed models built on sequences of timestamps of underlying clinical data that reflect the healthcare process, and 2) evaluate the impact of including time-of-day and time-to-outcome information in the model.

MATERIALS AND METHODS

This project was approved by both Columbia University Irving Medical Center and Brigham and Women's Hospital Institutional Review Board for the Protection of Human Subjects.

This retrospective study explores the efficacy of machine learning algorithms in classifying clinical deterioration among patients in intensive care units (ICU) using sequences of timestamps of vital sign measurements, flowsheets comments, order entries, and nursing notes in electronic health records. We design a data pipeline to partition events into discrete, regular time bins that we refer to as timesteps. Logistic regressions, random forest classifiers, and recurrent neural network (RNN) algorithms are tested on a training dataset against a composite outcome of death, cardiac arrest, and RRT calls. We choose single layer Long Short-Term Memory (LSTM) and Gated Recurrent Unit (GRU), 2 well-established modalities, as our RNN classifiers.[34,35](#page-7-0) Then we validate our algorithms on a holdout dataset with Area Under the Precision-Recall Curve (AUPRC) sensitivity, Positive Predictive Value (PPV), and F-score. The code is accessible on the online repository: [https://github.com/lf2608/](https://github.com/lf2608/Timestamps_EHR_Deterioration_Predict) [Timestamps_EHR_Deterioration_Predict.](https://github.com/lf2608/Timestamps_EHR_Deterioration_Predict)

Cohort selection

This study utilizes the deidentified dataset of ICU admissions from a composite site of ICUs within a healthcare system in the northeast region of US ([Supplementary Material](https://academic.oup.com/jamia/article-lookup/doi/10.1093/jamia/ocab168#supplementary-data), Appendix 1). We select a subset of patients admitted during a 4-year period from 2016 to January 2019. Each site has its own go-live date to collect data, based on the dates that the commercial EHR system Epic went live in 2016. Inclusion criteria for the patient cohort are: 1) at least 18 years of age at the time of admission and 2) non-hospice and nonpalliative care patients.⁹ We exclude hospice and palliative care patients since these admissions have different care plans and healthcare processes compared to non-palliative care. Clinicians focus more on patient comfort rather than disease progression; therefore, fewer clinical measurements and documentations are made for hospice and palliative care patients. We select the first ICU visit (via admission or transfer) for a given patient's hospital encounter. ICU stays shorter than 36 hours are excluded ([Figure 1\)](#page-2-0) because we require at least 24 hours of data for analysis followed by a 12-hour time span to predict an outcome. As part of the deidentification process, the date of each ICU stay is shifted randomly to a range between Apr 2013 to Feb 2017 but in a way that the month, day of week and time stay the same. We randomly split the dataset into a training set (75%) and a holdout set (25%). The holdout set is only used for model validation.

Feature selection

We select timestamps from 15 types of underlying clinical data, namely vital signs, flowsheets comments, order entry, and nursing notes for analysis. These chosen clinical data have the following characteristics: 1) regularly collected and entered into EHR on all patients, 2) reflecting clinicians' judgement or decision-making pro-cess based on patients' conditions.^{[25](#page-7-0),[27,28](#page-7-0)} These timestamps represent the time when the data was collected by the clinician, but not the time when it was entered into the EHR. The method of feature selection is reported in our previous works. $32,33$ [\(Table 1](#page-2-0)) The partitioning of data which results in the creation of timesteps will be further explained in the Data Preprocessing section.

Primary outcome

The primary outcome of this study is a composite outcome of death, cardiac arrest, and RRT calls. The policy for initiating RRT calls at our study sites is as follows: nurses make decisions to activate RRT based on established early warning criteria related to the patient's

Figure 1. Cohort selection. There are 8367 unique ICU admissions including 200 outcome events in this dataset. After removing ICU admissions shorter than 36 hours, the final dataset consists of 6720 ICU admissions. ([Table 3](#page-4-0)) There are 161 admissions with composite outcomes of death, cardiac arrest, or Rapid Response Team call, which consist of 2.40% of the dataset. Finally, we split the dataset into training set and holdout set in a ratio of 3:1.

*Any automated device that generates data requires a nurse's manual validation during data collection.

respiratory, cardiovascular, neurologic, and other conditions. Death, cardiac arrest, and RRT calls are the measurable clinical events that occur for patients who experience deterioration. We choose this composite outcome in order to increase the prevalence of the outcome set. If more than 1 outcome occurred in an ICU stay, the first event is defined as time of primary outcome.

Data preprocessing pipeline

The exact time of ICU admission is not accessible from the database. With the assumption that the admission time is approximated by the first record of data, our data preprocessing pipeline rounds down the time of first record to the nearest hour and uses that as the admission time. Likewise, it rounds down the outcome time to the nearest hour for ease of computation. It then extracts data from 12 to 36 hours prior to discharge ($n = 6559$) or the following composite outcome of death, cardiac arrest, or RRT call $(n = 161)$ for final analysis. Next, it partitions the 24-hour sequence into regularly spaced timesteps and calculates the count of records for every feature within each timestep ([Figure 2](#page-3-0)). Each timestep is indexed by the corresponding time-of-day. Then the pipeline sorts the data by the time-of-day index so the first row of the data always starts at 12 am [\(Table 2](#page-3-0)). The indexes are then dropped from the dataset so they are not used for model derivation. In our dataset, discharges happened mostly during the day while deterioration events occurred more evenly between day and night [\(Supplementary Material](https://academic.oup.com/jamia/article-lookup/doi/10.1093/jamia/ocab168#supplementary-data) Appendix

6). The time-of-day index of data's first timestep is decided by the hour of outcome since we only sample data 36 to 12 hours prior to that. Rather than creating an additional variable which leaks the information about the time of outcome, this method embeds the timeof-day information by sorting the data by the time-of-day index. Our pipeline also generates the unsorted dataset by keeping the time-to-outcome sequence of the healthcare process. In the following text, we call the sorted dataset the "time-of-day dataset" and the unsorted the "time-to-outcome dataset."

We visualize the distribution of timestamps of vital signs, flowsheet comments, order entries, and nursing notes in the dataset against time-of-day. While notes have a bimodal distribution, major clusters on the hour and smaller clusters on the quarter of hour are shown for vital signs, data entries, and flowsheet comments. Most interevent intervals of the features are within 2 hours long ([Supple](https://academic.oup.com/jamia/article-lookup/doi/10.1093/jamia/ocab168#supplementary-data)[mentary Material](https://academic.oup.com/jamia/article-lookup/doi/10.1093/jamia/ocab168#supplementary-data) Appendix 4). Therefore, we set 3 different lengths of timesteps (15, 30, 60 minutes) for partition in an attempt to capture different levels of granularity in the timestamp sequences. For algorithms taking a single data point (ie, logistic regression and random forest classifier), we calculate the count of timestamps for each feature over the 24 hours analytic period.

Model derivation and validation

We apply the oversampling technique on the training set to tackle the imbalanced data during model training. In order to optimize dis-

Figure 2. Time series partitioned by a given unit of time in data preprocessing. Our data pipeline rounds down both the admission time and outcome time to the nearest earlier hour for the ease of computation. It then partitions the sequences of timestamps into regularly spaced timesteps and calculates the count of records for every feature within each timestep. Data 36 to 12 hours prior to the outcomes are used for final analysis.

This table illustrates the feature representation of an ICU stay. In this example, the original data starts at time-of-day 12 pm and is then sorted by the time-ofday index. The interpretation for the first row, the 25th timestep of the data: there is 1 measurement of Feature A during the time-of-day [00:00, 00:30]. The indexes are not used for model derivation.

criminating power as well as to prevent overfitting, we set a dictionary of hyperparameters for each classifier in our model selection pipeline. The dictionary includes L1 and L2 regularization for logistic regression, $36,37$ pruning parameters for random forest classifier, as well as parameters for number of neurons, learning rate, and dropout layer before outputs of LSTM and GRU algorithm ([Supple](https://academic.oup.com/jamia/article-lookup/doi/10.1093/jamia/ocab168#supplementary-data)[mentary Material](https://academic.oup.com/jamia/article-lookup/doi/10.1093/jamia/ocab168#supplementary-data) Appendix 2). The pipeline returns the best logistic regression and random forest classifier with optimal hyperparameters using grid search approach and 4-fold cross-validation from python package scikit-learn (v.0.23.2). It also optimizes the hyperparameters for the single layer LSTM and GRU algorithm (tensorflow v.2.3.1) using the hyperband technique from python package keras-tuner (v.1.0.1). Hyperband is a bandit-based approach to speed up random search through adaptive resource allocation and early stopping.³⁸ We then set the thresholds for these classifiers with the aim of achieving a well-performing sensitivity while retaining an acceptable PPV. In the literature, PPV is often targeted in the range of 10%–20% in model validation in order to avoid excessive false alarms.[39–](#page-7-0)[41](#page-8-0) The LSTM and GRU model are trained on a time-series dataset of different length of timesteps (15, 30, 60 minutes) while logistic regression and random forest classifiers are trained on overall counts of timestamps. Finally, we validate these classifiers on a holdout set based on AUPRC, sensitivity, PPV, and F-score since the ICU stays with outcomes are rare. We then utilize bootstrapping to estimate the 95% confidence interval of the model.

RESULTS

There are 8367 unique ICU admissions including 200 outcome events in this dataset. These are broken into 76 cardiac arrest and 124 RRT calls. Since these were the first outcome events that the patients had, patients who developed cardiac arrest then died were recorded as cardiac arrest in this dataset. After removing ICU admissions shorter than 36 hours, the final dataset consists of 6720 ICU admissions. [\(Table 3\)](#page-4-0) There are 161 samples with composite outcomes of death, cardiac arrest, or RRT call which consist of 2.40% of the dataset. A total of 830 578 timestamps are included in the final analysis ([Supplementary Material](https://academic.oup.com/jamia/article-lookup/doi/10.1093/jamia/ocab168#supplementary-data) Appendix 3).

The GRU model, utilizing timestamps of vital signs, order entries, flowsheet comments, and nursing notes on the time-tooutcome dataset of timesteps of 60 minutes, has the best predictive power with an AUPRC of 0.101 (0.06, 0.137). This model performs better than the logistic regression with L2 normalization AUPRC 0.093 (0.09, 0.096), but the difference is not statistically significant. [\(Table 4\)](#page-5-0) The best GRU model has a sensitivity of 0.443 and a PPV

Table 3. Characteristics of study complete dataset

of 0.092 at the threshold of 0.6. In general, the RNN models on time-to-outcome datasets have better AUPRC than those on time-ofday datasets. The performance of the RNN models varies on datasets of different length of timesteps with no significant differences.

The values on the scale bar represent the difference between the average count of a given feature from ICU stays with outcomes and without outcomes. These averages are calculated for every feature per hour per patient. The redder the color for a particular feature, the more frequent that feature occurs in an ICU stay with outcome.

DISCUSSION

Our implementation of machine learning algorithms that use only timestamps from EHR metadata results in well-performing discriminative power. We emphasize that this approach doesn't include the clinical measurement value (eg, heart rate $= 90$) but instead uses the frequency and co-occurrence of each data entry and documentation pattern that reflect clinicians' practice patterns and clinical workflow. Additionally, our RNN algorithms display their abilities to learn temporal patterns, which results in improved discriminating power. This result supports our hypothesis that metadata in EHR, a proxy signal of the clinician expert's objective and subjective assessments, provide valuable information on clinical outcomes, and thus have great potential to inform clinical prediction models.^{25,32,33,[42](#page-8-0)}

We curate the threshold for our best RNN model to achieve a discriminative power with sensitivity 0.443 and PPV 0.092 using the National Early Warning Score (0.395, 0.152) and Advanced Alert Monitoring $(0.489, 0.162)$ as benchmarks.⁴⁰ The former is an expert opinion-based algorithm while the latter is a discrete-time logistic regression model derived from a database of 21 hospitals, and both have been in actual use in clinical settings. However, we are not able

to directly compare our model against these benchmarks because those models require measurement values to compute and were validated on distinct study cohorts.

Clinical data is full of missing data and is irregularly measured. These characteristics have been a major challenge in longitudinal data analysis.^{[43](#page-8-0)} Many EWS studies apply discrete time survival analysis on longitudinal data that completely exclude these characteristics as biases[.10,](#page-7-0)[40](#page-8-0),[44–46](#page-8-0) Numerous RNN models incorporate information about missing data and irregularity as additional features.[47–50](#page-8-0) Our novel approach discretizes data into a multivariate time series representing the frequency and co-occurrence of clinical data entry. Consequently, we are able to preserve the irregularity characteristics as well as the missingness without adding additional artifacts and noise to the dataset. Finally, our results suggest that the dataset of timesteps of 60 minutes has sufficient granularity to represent the patterns of different clinical processes 36 hours before outcomes.

Time is an important component in clinical data because health-care is not static.^{[51](#page-8-0)} Observational measurements are often made when patients are ill. Clinicians make decisions based on their observations and previous understandings of their patients. Documentation of these observations, above and beyond regulatory requirements, are often made when clinicians are concerned about the result of a specific measurement or a patient's clinical status.^{[25,27](#page-7-0)} In the literature, the temporal pattern of lab orders also provides additional information on clinical outcomes regardless of the results.^{52,53} By exploiting time, we can capture this nonlinear recording process and positive feedback loop where measurement and health status affect each other.^{30,[31](#page-7-0)[,51](#page-8-0)} Our results have shown that time-to-outcome information further boosts RNN models' AUPRC scores when compared to the baseline logistic regression model.

Table 4. Model validation

The GRU model has the best AUPRC of 0.101 (0.060, 0.137) and F-score of 0.142 (0,068, 0.203) on the time-to-outcome dataset of 60 minutes timestep. Abbreviations: GRU, gated recurrent unit; LSTM, long short-term memory.

[Figure 3](#page-6-0) demonstrates the difference of temporal patterns between ICU stays with outcomes and those without. The RNN models are able to learn these temporal patterns of different healthcare processes. We hypothesize that the time-of-day dataset provides additional information, indicative of records that happened in the rare hour of the day, which could further increase the model's performance. However, our RNN models including the time-of-day information don't achieve better performance. One explanation is that our method does embed the time-of-day information into the dataset but renders the original sequence of healthcare processes which affects our RNN models' ability to recognize patients with higher risk.

There are several limitations in this study. Our analysis ran on a relatively small dataset from a healthcare system in Northeast US. This composite dataset includes various types of ICUs where the data represent different clinical processes and documentation patterns within the system. However, potential biases could derive from distinct patient population, healthcare process, regional practice, and, finally, individual clinician's care pattern. Our results might not be

generalizable to other healthcare systems. As a result, we plan to conduct further investigations on a larger dataset to verify the reproducibility of these findings and to externally validate our models. Secondly, our analysis only includes data from 36 to 12 hours before outcomes which limits our models' ability to predict outcome in clinical practice. A future study will include model derivation on a forward-facing time window so that our models can be validated in a more realistic clinical setting. Moreover, our models don't include measurement values that contain the information about the pathophysiological status of a patient. Therefore, we can't directly compare our models with other well-established benchmark EWSs which require such values. A future study will include measurement values in order to validate our model against other benchmarks. Finally, our models are trained on timestamps of the underlying clinical data. There is often a delay when clinical data are entered into EHR which could lead to another bias if our models run on timestamps from EHR. However, our data preprocessing pipeline discretizes data into multivariate time series instead of using timestamps directly, which could potentially mitigate the bias created by the discrepancy between

Figure 3. Comparison of the temporal patterns between ICU stays with outcomes and those without. The values on the scale bar represent the difference between the average count of a given feature from ICU stays with outcomes and without outcomes. These averages are calculated for every feature per hour per patient. The redder the color for a particular feature, the more frequent that feature occurs in an ICU stay with outcome. Figure 3a represents the relative signal intensity for time-of-day dataset. The x-axis indicates the time-of-day (hour) index. Figure 3b represents the relative signal intensity for time-to-outcome dataset. The xaxis indicates the time-to-outcome (hour) index.

Abbreviations: bp, blood pressure; hr, heart rate; one vital, single vital sign measurement; prn, one-time medication order; rr, respiratory rate; set vital, complete set of vital signs measurement; spo2, oxygen saturation; temp, body temperature; withhold, medication withhold.

the timestamps of clinical data and EHR data. This discretization method also gives our model the potential to be implemented in realtime settings. Our models can generate predictions at any chosen timestep and requires no data imputation.

CONCLUSION

Clinicians' recording and documentation patterns result in complex and diverse EHR data collection processes. This characteristic is seen by many as bias and is consequently overlooked in most clinical prediction modeling.^{[21](#page-7-0)} Still, we believe it can also be exploited to yield valuable information for prediction model. This study demonstrates that our RNN models, using only timestamps of longitudinal

EHR data that reflect healthcare processes, achieve well-performing discriminative power.

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AUTHOR CONTRIBUTIONS

All listed authors substantially contributed to this work, including the study design, the acquisition, analysis, and interpretation of data. All authors participated in either drafting or revising this article and finally approved this version to be published.

DATA AVAILABILITY STATEMENT

The data underlying this article cannot be shared publicly due to inclusion of protected health information. The data will be shared on reasonable request to the corresponding author. All codes of our work are accessible on a public repository.

SUPPLEMENTARY MATERIAL

[Supplementary material](https://academic.oup.com/jamia/article-lookup/doi/10.1093/jamia/ocab168#supplementary-data) is available at Journal of the American Medical Informatics Association online.

CONFLICT OF INTEREST STATEMENT

None decared.

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