Raga Chikitsa and Raga Ragini Vidya - Bill Osmer			
INTRODUCTION TO RAGA RAGANI VIDYA			
The purpose of this paper is to introduce and explain Indian music	the concepts and methodology of		
I. ORIGIN OF INDIAN MUSIC *			
	Invitation to Indian Music		

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	Islam
Hindustan	
Ancient Period 4,000 to 1,000 B.C.	
Medieval Period	
Medievai Feriou	
Madam Daviad	
Modem Period	

"Sound is not what one should desire to understand sitaki Upanishad, vs 3:8	d. One should know	the hearer." - Kal
"We worship that divine sound, the life of consciou bliss, unmanifested in the form of the universe. By Brahma, Vishnu and Shiva are truly worshipped, for	the adoration of sou	ınd, the Gods
Sangitaratnakara, VS. 1.3.14		
	sruti, swara	nada
		nad
		nau
nada:		
"Now I shall ex-pound the highest definition of nada Without nada, song cannot exist.	a:	

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Without nada, the scale degrees cannot exist.

Without nada, the dance cannot come into being.

For this reason the entire world becomes the embodiment of nada.

In the form of Nada, Brahma is said to exist; In the form of nada, Vishnu;

In the form of nada, Parvati; in the form of nada, Shiva.

That inner region which is said to be the abode of Brahma is called the brahmagranthi.

Vital air is situated in its center, from this mass of vital air fire arises.

From the combination of fire and air, nada is born."

Brhaddesi of Matanga

ABOUT RAGAS

vadi samvadi.

Shuddha Madhyama

l 1

IV 19

2 20 3 21 4 22 5 23 6 24

II 7

V 25

 8
 26

 9
 27

 10
 28

 11
 29

 12
 30

III 13

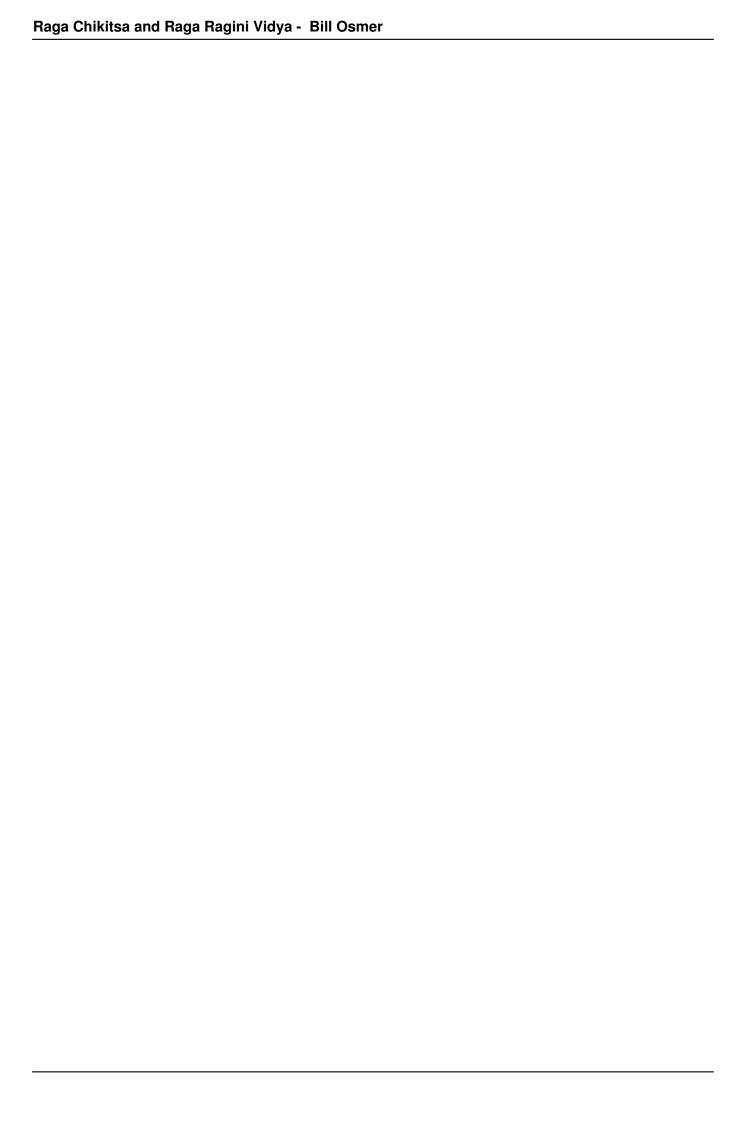
VI 31

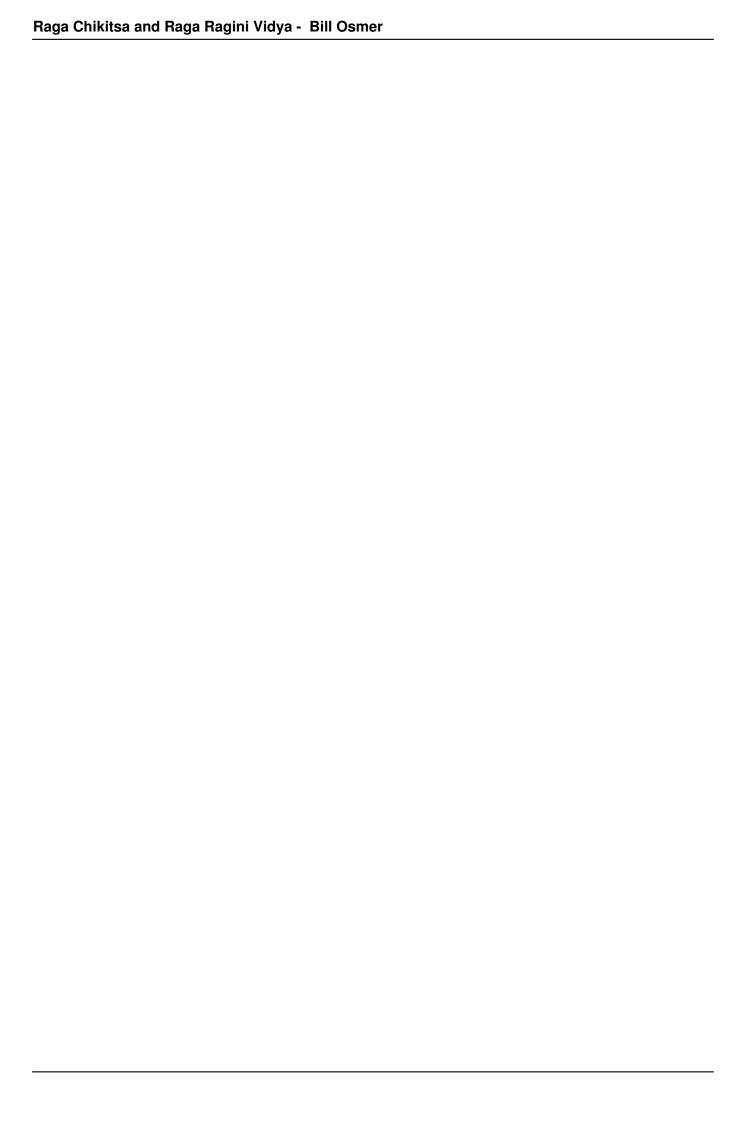
14		32
15		33
16		34
17		35
18		36
Prati M	ladhyama 💮 💮	
VII	37	
X	55	
20		EG
38		56
39		57
40		58
41		59
42		

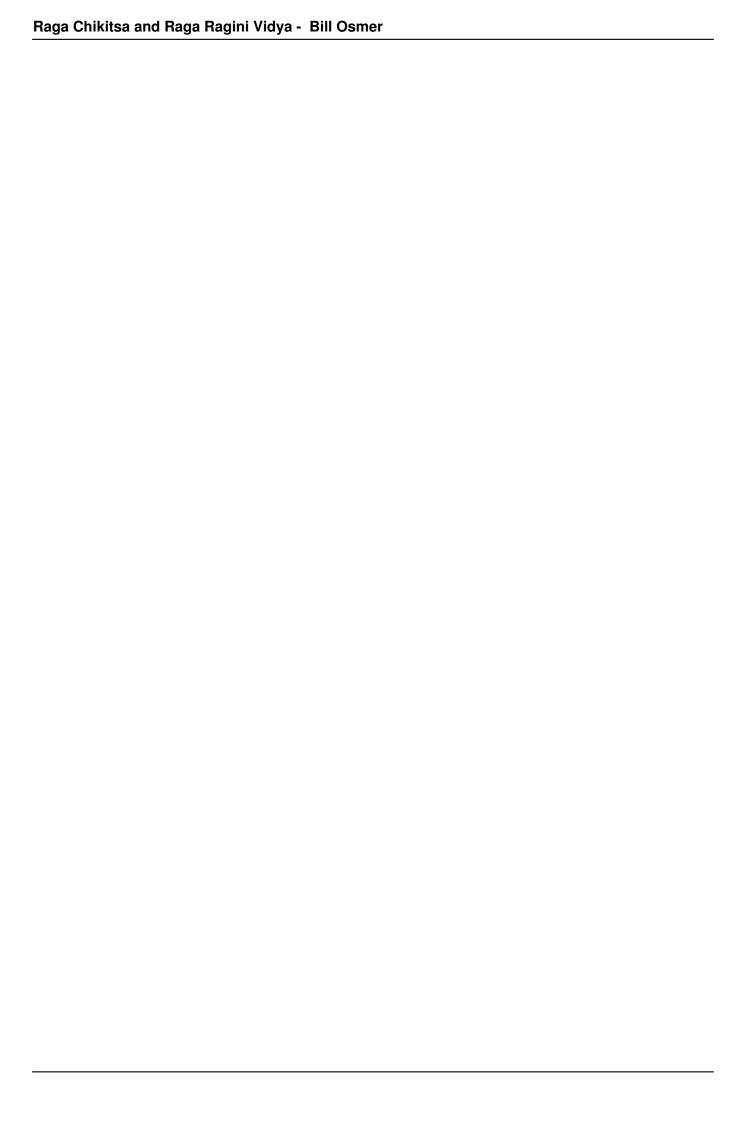
52	70
53	71
54	72

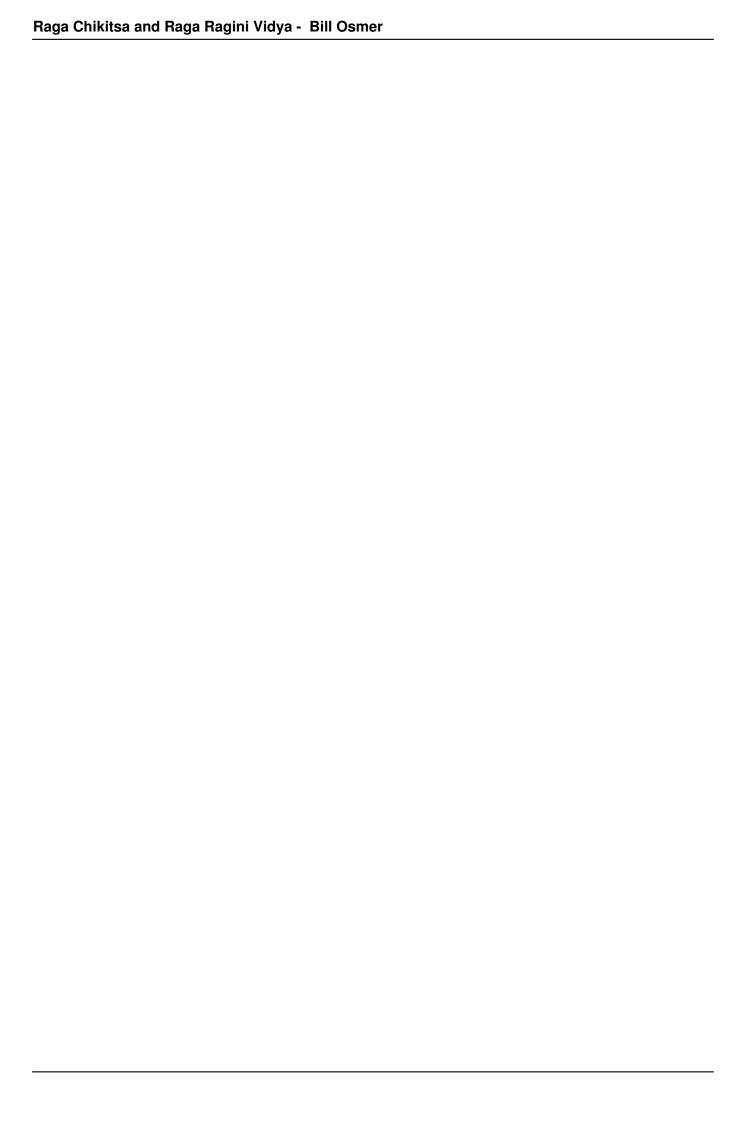
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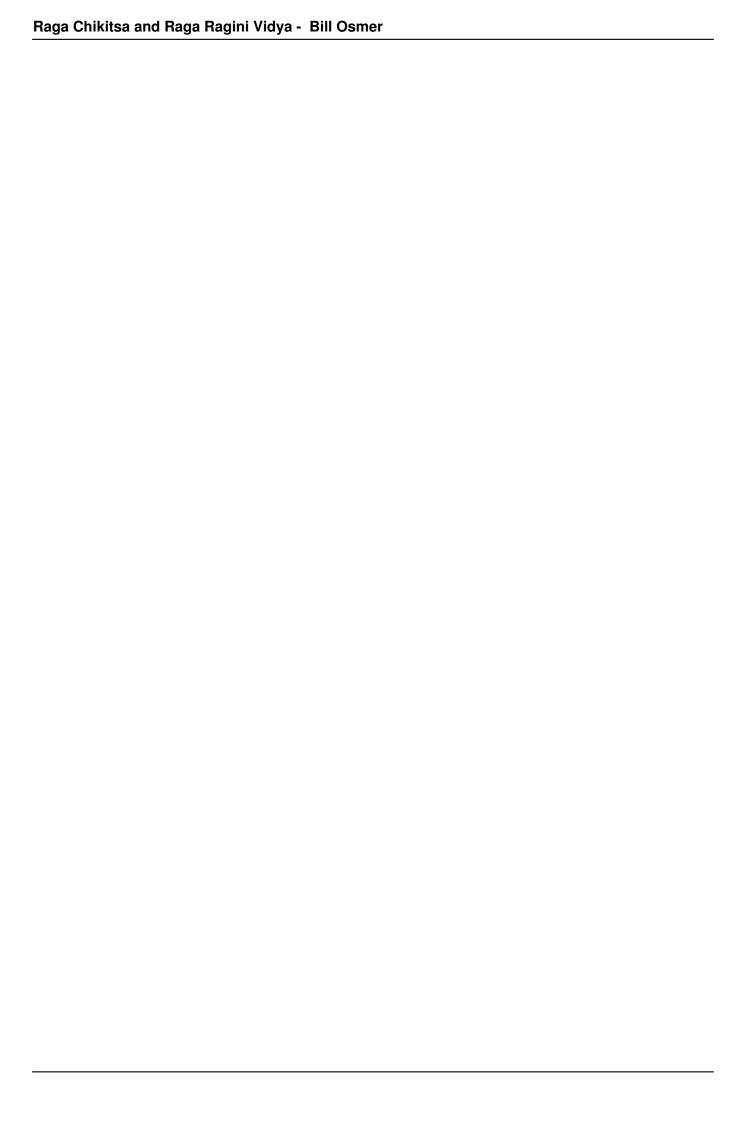
II. WESTERN MODES OF MUSIC IN SOUND HEALING

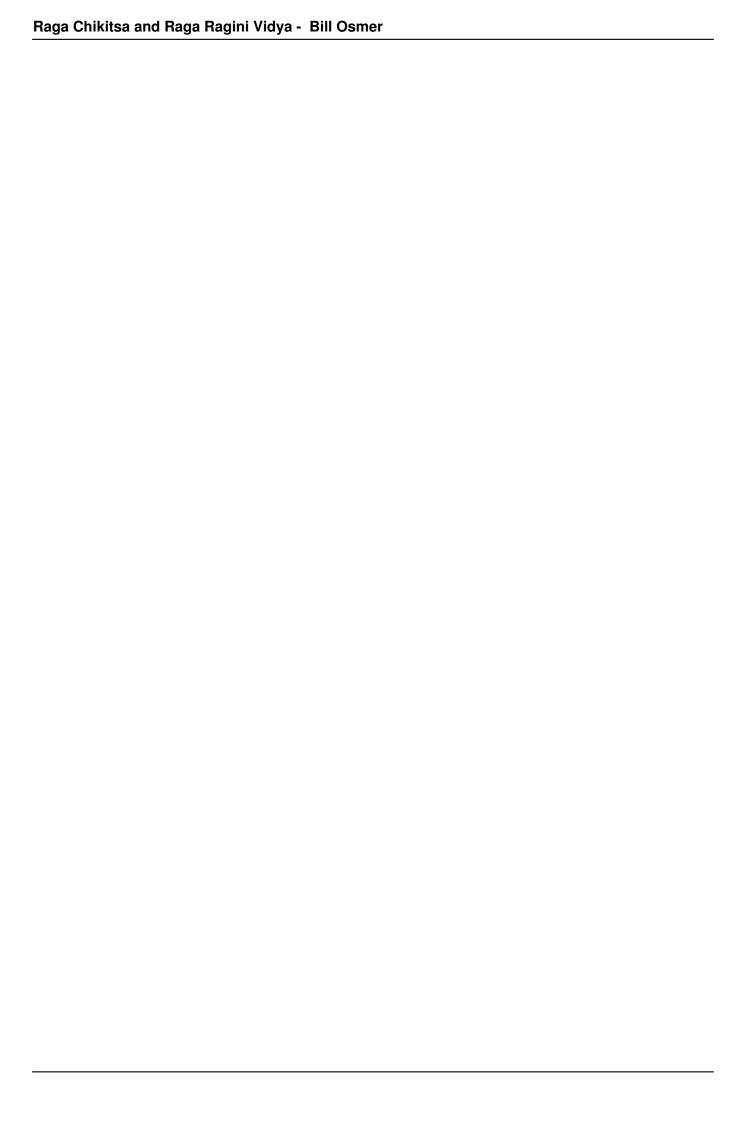












III. RAGA RAGANI CHIKITSA: INDIAN MODE OF MUSIC THERAPY				
Raga Chikitsa				
Scale Degree Abbreviation Meaning	Presiding Deity			

CHAKRARAGA	PLANERAGA				
RAGAS					
Carnatic RAGAS					
BENEFITS					













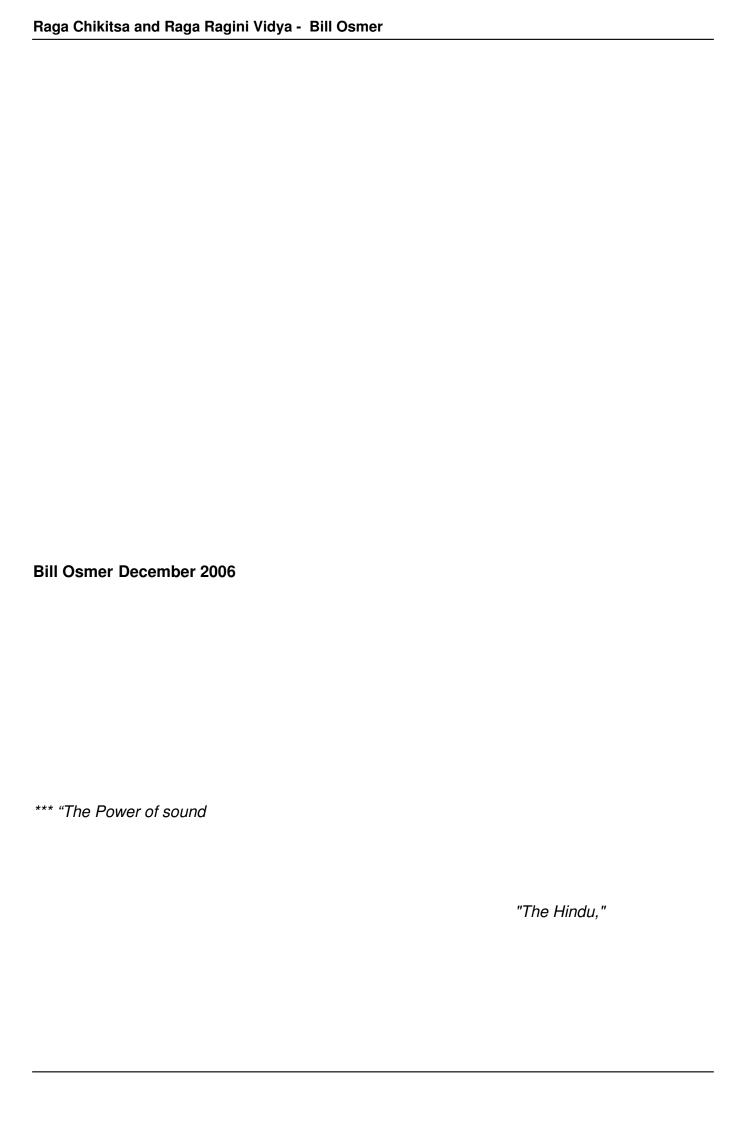




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SOUND AND THE FIVE ELEMENTS	
<u>EARTH</u>	
WATER	
<u>WATER</u>	

Raga Chikitsa and Raga Ragini Vidya - Bill Osmer				
<u>FIRE</u>				
AIR				
ETHER				
CREATING A RAGA				

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Raga Kirvani is the 21 st raga in the Melakarta, and has earth as its predominant element This means that it resonates primarily with the Muladhara chakra and has a prabhava fo joint and back pain remedy. How the raga is rendered and what sounds of the synthesizer are chosen to support it affect the different nadis emanating from the Muladhara chakra.			
USING RAGAS IN TREATMENT			



v. BIBLIOGRAPHY			

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